

Detailed information about Energy Plus-GR with No Gluten - No Flour

***Energy levels soar to new heights with
this perfect 100% natural whole grain food that DOES IT ALL!***

**POWER-UP & loosen your joints, & muscles, and Fortify your heart
with Energy Plus-GR!**

- **Imagine your body surging with energy all day**
- **Your heart beating with complete strength as your arteries, blood pressure and cholesterol are all behaving beautifully...**
- **Your weight under control because hunger pangs and cravings vanish and you feel amazingly satisfied...**

Energy Plus-GR has:

- **5 times more bone-building calcium than whole milk...**
- **More muscle-pumping protein than soy**
- **LOADS of heart-nourishing infusing Omega 3's--more than fresh salmon**
- **TONS more energizing fiber than Flax Seed...**
- **ORAC levels of grain in Energy Plus-GR products is 98**

Energy Plus-GR is an amazing food. For centuries this natural grain product was used for a host of different reasons. Native South Americans would take a pouch of this dry grain and a gourd of water on their trips. The grain was their food source and taken with water they would hydrate their bodies for endurance. When you hydrate the grain in water it absorbs up to nine times its volume in water and becomes a gel (like pudding) and helps keep your body hydrated. Energy Plus-GR also has 90% soluble fiber, which is beneficial for your digestive track. People should consume Energy Plus-GR when they are involved in sports or physical activities for endurance.

Our natural grain Energy Plus-GR has twice the protein of any grain, five times the calcium of milk, boron which is trace mineral that helps transfer calcium into your bones, and omega 3 and omega 6 which are essential oils for the body. Energy Plus-GR also has a very long list of other valuable natural nutrients. The soluble fiber in the Energy Plus-GR forms a wall between carbohydrates and the body, releasing them slowly into the body. This has been found to be very helpful for people who have trouble controlling their sugar levels like Diabetics.

Dieters love the Energy Plus-GR because it can be added to any food or drink in a ratio of 50% to the volume of food or drink and will not change the taste. Because the carbohydrates are released slowly you will get the feeling of being full. Many use the Energy Plus-GR as a way to control their appetites. The Energy Plus-GR has no taste unless we add flavorings (chocolate, cinnamon, cayenne pepper, Welch's Concord Grape juice and/or anything else that you like with the exception of orange juice because it is really bad for your health.

You see, the best thing about Energy Plus-GR is that you can use it to infuse your favorite meals with loads of POWER. **It has no taste at all--just energizing nutrients, vitamins and antioxidants turning your prized recipes into healthy, energizing super meals! Fill a small spice container with 3/16" or 1/4" holes and lightly sprinkle it over the favorite foods that you eat. Drink lots of fluids with your meal to prevent hydration of bodily fluids.**

The energy-packed secrets of all the Energy Plus-GR products are a nutritional goldmine and just for starters, **gram for gram, Energy Plus- GR has 8 times more Omega 3 fatty acids than fresh Atlantic salmon...** and Energy Plus- GR Omega 3 content is mainly in the form of alpha linolenic acid.

Energy Plus-GR is richer in this special form of **Omega 3** fatty acids than any other whole food and that's heavenly news for your heart! After all, even the **American Heart Association** agrees that Omega 3 fatty acids can help...

- **Promote healthy heart functions...**
- **Maintain healthy cholesterol levels...**
- **Keep your blood pressure right where it's supposed to be...**
- **Support a healthy cardiovascular system...**

Energy Plus-GR is way more than a super-source of Omega 3. For example: **Your heart and arteries need SCADS OF MAGNESIUM...** and many of us don't get enough in our diets. Broccoli's a fine source of magnesium, but do *you* eat it every day? Of course not! Happily, though, gram for gram... Energy Plus-GR **HAS 15 TIMES MORE magnesium than fresh broccoli**

Intrigued? We're just getting warmed up. Let's move a few inches down from your heart and see what Energy Plus-GR does *for your gut...* You see, Energy Plus-GR isn't just a rich whole-food source of fiber. Each tiny granule is packed with *two types* of fiber, in ideal balance.

Digestive aid: Consume of 3-4 tablespoons Energy Plus-GR gel pudding before each meal for better assimilation of food, increases nutrient absorption and encourages better elimination. It also prevents indigestion and heartburn without risk of harmful side effects. An exceptional food for Diabetics as it slows the conversion of carbohydrates to sugar which stabilizes blood sugar and regulates the body's absorption of fluids, i.e. electrolyte balance, more efficiently. Incorporating Energy Plus-GR gel into your daily diet will enhance the nutrient absorption of all foods, including nutritional supplements. Energy Plus-GR gel pudding may be an enhanced Aid for people with GERD, Ulcers, Gastritis and Irritable Bowel Syndrome. People with GERD (Gastro Esophagus Reflux Disease), acute gastritis, gastric ulcers and IBS may take Energy Plus-GR gel pudding with **no Cayenne Pepper** to replace all the medications from Tagament to Prevacid.

As a Colon-calmer #1: Energy Plus-GR **has insoluble fiber which** gently "scrubs" debris and toxins from your colon walls, banishing buildup and blockage. **No more constipation.**

And Colon-calmer #2: Energy Plus-GR **also has soluble fiber** which soaks up water, so stools don't get too loose. **No more diarrhea.**

Energy Plus-GR works 3 ways better

1. Energy Plus-GR **quickly absorbs 9 times** its weight in water. That's phenomenal and *More than twice as much as flaxseed*. This is a key reason why Energy Plus-GR is so incredibly soothing. Just like a wet sponge glides across a counter, Energy Plus-GR helps your food glide calmly and cleanly through your digestive tract.

2. **Over 35% of Energy Plus-GR is fiber**, considerably higher than wheat bran or flaxseed. *You'd need to eat 1 - cup of bran to get the fiber in just a few ounces of Energy Plus-GR.*

3. Energy Plus-GR **doesn't taste like sawdust!** Its flavor is neutral, so it just "disappears" when you stir it into your favorite breakfast food or shake.

Plus, of course, those other foods won't give you the Energy Plus-GR incredible *energy boost...* Energy Plus-GR provides at least three "energizers" that your tired-out body has been missing:

ENERGIZER #1. Over 30 different nutrients in their whole food form. Every tiny grain of Energy Plus-GR is like a "neutron star" of nutrients that your body desperately needs. And any doctor will tell you that it's always best to get your nutrients in the form of *food*.


ENERGIZER #2. Super-rich fiber. All the fiber in Energy Plus-GR slows down your digestion, giving your nutrients an even better chance of getting absorbed. It also evens out your absorption of *carbohydrates*, so your cells get a slow, smooth supply of fuel. Yet even though it pumps you up, Energy Plus-GR actually makes you *less hungry*...

ENERGIZER #3 Muscle up! With nature's PERFECT PROTEIN FOOD. Vegetarian or not, your muscles need plenty of *protein* to stay strong and toned. Energy Plus-GR is not only richer in protein than soy -- its protein is more complete. Unlike soy, Energy Plus-GR's protein contains *all the essential amino acids* that your body needs to build muscle. And it's not processed with chemicals, as so many soy products are. *That's why Energy Plus-GR the perfect protein source.* You get all the protein benefit of eating red meat.

The results of test performed by Brunswick Labs confirmed that the ORAC levels of grain in Energy Plus-GR products is **98**, and when used as directed with Welch's Concord Grape Juice and Now's Mangoni, the ORAC levels of Antioxidants supplied to the body far exceeds any other combination of nutrients available.

Please note:



1. Energy Plus-GR: Is 100% pure grain product  which has been milled using a cold rolled process to avoid exposure to electromagnetic radiation.
2. Energy Plus-GRCoCi: Is 100% pure grain product to which unsweetened Coco and Cinnamon have been added not only to add flavor to make a delicious gel pudding product, but also to enhance the benefits of consuming Energy Plus-GR. For more information ABOUT the benefits of adding Coco and Cinnamon click: [Benefits](#)
3. Energy Plus-GRCoCiCa: Is 100% pure grain product to which unsweetened Coco, Cinnamon and **Cayenne** have been added not only to add flavor to make a delicious gel pudding product, but also to enhance the benefits of consuming Energy Plus-GR. For more information ABOUT the benefits of adding Coco, Cinnamon and Cayenne click: [Benefits](#)
4. **Parsley** is a great source of oxalic acid and should be mixed as directed with all Energy Plus-GR products. **Oxalic Acid**, is a **natural chemotherapy void of devastating side effects**. It performs better than man-made pharmaceuticals currently used in medicine. In reality, **Oxalic Acid** is God's Natural Chemotherapy.
5. To order Energy Plus products click: [ORDER-EP-GR-Products](#)